

**WARRANT ISSUED** *lc*

**HEALTHCARE FRAUD  
DIVISION**

**SUPERIOR COURT OF THE STATE OF CALIFORNIA  
FOR THE COUNTY OF LOS ANGELES**

2026 FEB 25 AM 11:11

CENTRAL CRIMINAL  
LOS ANGELES SUPERIOR COURT

<p>THE PEOPLE OF THE STATE OF CALIFORNIA,  Plaintiff,  v.  <b>01 CHRISTOPHER BRANDON CARNAHAN</b> <b>(DOB: 06/30/1982)</b>  Defendant.</p>
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**CASE NO.** *26CJCF01236*  
**FELONY COMPLAINT  
FOR ARREST WARRANT**

The undersigned is informed and believes that:

**COUNT 1**

On or between April 11, 2024 and June 1, 2024, in the County of Los Angeles, the crime of INSURANCE FRAUD, in violation of PENAL CODE SECTION 550(b)(1), a Felony, was committed by CHRISTOPHER BRANDON CARNAHAN, who presented and caused to be presented a written and oral statement as part of, and in support of a claim for payment under Claim No. 4069066 and other benefit to an insurance policy of the permissibly self-insured City of Los Angeles, knowing that the statement contained false and misleading information concerning a material fact, to wit:

Los Angeles Police Department (LAPD) Officer Christopher Carnahan has exaggerated his on-duty injury to his elbow in order to engage in skydiving while on Temporary Total Disability (TTD).

On May 22, 2023, LAPD Officer Christopher Carnahan injured his left elbow on duty as he was breaching a motorhome with a sledgehammer.

On July 24, 2023, Carnahan complained to his supervisor that his left elbow had been in constant pain for two months. He was sent to Reliant Occupational Medical Center where he rated his pain a 5 out of 10 and was referred to Kerlan Jobe Institute (KJI) for further treatment.

On January 3, 2024, Carnahan was placed on Temporary Totally Disabled (TTD) status until February 8, 2024. He was given a Platelet Rich Plasma (PRP) injection.

On January 8, 2024, LAPD Special Operations Division (SOD) received information from 77th Division's commanding officer that Carnahan is a semi-pro base jumper and skydiver who is actively participating in jumps and may be using the Worker's Compensation claim to take time off for base jumping and skydiving.

On January 30, 2024, Carnahan completed four skydives at Skydive Elsinore in Elsinore, California.

On February 5, 2024, Carnahan had his initial physical therapy evaluation at Select Physical Therapy (SPT). Carnahan's chief complaint was pain. He reported his pain at best was 7/10, and at worst was 10/10 on the pain scale. A 7/10 is described as unmanageable, 10/10 is described as unable to move.

On February 8, 2024, Carnahan completed a follow-up visit at KJI and Carnahan reported a slight but minimal improvement in his posterior elbow pain. Carnahan was prescribed physical therapy twice a week for 6 weeks and continued on TTD status until March 21, 2024.

On February 12, 2024, Carnahan completed 5 skydives at Skydive Elsinore.

On February 13, 2024, Carnahan had physical therapy at SPT. Carnahan's chief complaint was pain. He reported his pain at best was 7/10, and at worst was 10/10, that he still had problems straightening out his elbow, that he experienced incredible pain for the last 1-2 weeks after the PRP and was still really sore.

On February 15, 2024, Carnahan had physical therapy at SPT. Carnahan's chief complaint was pain. He reported his pain at best was 5-6/10, and at worst was 8/10.

On February 23, 2024, Carnahan completed four skydives at Skydive Elsinore.

On February 26, February 28, March 5, March 8, and March 12 of 2024, Carnahan had physical therapy at SPT. Carnahan's chief complaint on each date was pain, and although the level of his pain was decreasing, he consistently reported pain whenever strengthening his elbow.

On March 18, 2024, at 8:45 am, Carnahan was filmed at Anytime Fitness performing the following exercises: seated overhead press and shoulder flies with two 40 lb. dumbbells, and standing oblique twists and standing overhead plate presses with a 45 lb. plate.

On March 21, 2024, Carnahan completed a follow-up visit at KJI and was seen by PA El-Gendi. Carnahan reported increased pain with elbow extension. He was unable to resume lifting or workout activities due to the left elbow pain. Carnahan was evaluated and continued on TTD status until May 2, 2024.

On March 25, and April 1 of 2024, Carnahan had physical therapy at SPT. Carnahan's chief complaint on

each date was pain, and he consistently reported his pain at best was 7/10, and at worst was 10/10, the same level of pain as he had initially reported.

On April 10, 2024, Carnahan was captured on subrosa video working out at the gym with heavy weights, using 55-pound dumbbells in a seated overhead press as well as a standing crossfly using a cable system machine, during which he fully extended both elbows. (see attached photo)

On April 11, 2024, Carnahan had physical therapy at Select Physical Therapy. Carnahan's chief complaint was pain, but he reported that his pain was decreasing.

On May 1, 2024, Carnahan conducted a follow-up visit at KJI. Carnahan stated that his strength has improved but the pain has not improved. Carnahan was continued on Temporary Totally Disabled status until May 30, 2024.

On May 3 and May 6 of 2024, Carnahan had physical therapy at SPT. Carnahan's chief complaint on each date was pain, and he consistently reported his pain at best was 7/10, and at worst was 10/10, specifically that his pain has not improved at all.

On May 17, 2024, Carnahan completed 3 skydives at Skydive Elsinore.

On May 23, 2024, at 8:45 am, Carnahan was filmed at Anytime Fitness performing the following exercises: seated overhead press and shoulder fly with two 40 lb. dumbbells and standing overhead plate presses with a 45 lb. plate. Later that same day, Carnahan completed 2 skydives at Skydive Elsinore. These skydives were documented by surveillance video by LAPD Special Operations Division. (see attached photos)

On May 28, 2024, Carnahan completed 3 skydives at Skydive Elsinore.

On May 29, 2024, Carnahan conducted a follow-up visit at Kerlan-Jobe Institute. He was evaluated and released to full-duty status commencing June 2, 2024.

On January 28, 2026, Dr. Peter Hanson, an orthopaedic surgeon with the Grossmont Orthopaedic Medical Group in La Mesa, California, finalized his report regarding whether Carnahan's stated physical condition at Select Physical Therapy was consistent with the evidence of Carnahan's skydiving activities and his videotaped workout on April 10, 2024. After reviewing the medical reports, the deposition transcript, and the videotapes of skydiving and weightlifting, it was Dr. Hanson's medical opinion that the only time the

defendant should have been off TTD was 2 weeks after the PRP injection on January 3, 2024. During the rest of the time he should have been off Temporarily Partially Disabled aka Restricted Duty with minimal restrictions for activities involving strenuous elbow extension. As a police officer, this might have limited him to desk duty or other light duty. Additionally, Dr. Hanson concluded that as of April 10, 2024, based on the subrosa video, Carnahan's ability to forcefully extend his elbow indicates he was well past the point of being Temporarily Partially Disabled as well.

\* \* \* \* \*

## COUNT 2

On or between March 4, 2025 and March 28, 2025, in the County of Los Angeles, the crime of INSURANCE FRAUD, in violation of PENAL CODE SECTION 550(b)(1), a Felony, was committed by CHRISTOPHER BRANDON CARNAHAN, who presented and caused to be presented a written and oral statement as part of, and in support of and opposition to, a claim for payment under Claim No. 4079424 and other benefit to an insurance policy of the permissibly self-insured City of Los Angeles, knowing that the statement contained false and misleading information concerning a material fact, to wit:

In late February or early March of 2025, Carnahan met 77<sup>th</sup> Division's Commanding Officer, Adrian Gonzalez, and asked if he could skydive into the 77<sup>th</sup> Division's 100<sup>th</sup> Anniversary event being held in November 2025. Gonzalez denied Carnahan's request. Soon after, on March 4, 2025, Carnahan submitted an additional Worker's Compensation Claim for an on-duty industrial injury, which he claimed occurred on January 19, 2025, at the 77<sup>th</sup> Division weight room. Carnahan stated that while lifting weights, he felt pain in the abdominal area. Carnahan was directed to report to Medicine of Business and Industry (MBI), where he told his treating physician Dr. Elizabeth De La Rosa that he could not tolerate full work duty. Dr. De La Rosa suspected Carnahan had suffered a hernia, administered a 60 mg injection of Toradol, a non-steroidal anti-inflammatory drug, and placed Carnahan on TTD status with an anticipated Maximum Medical Improvement (MMI) of 6-8 weeks. Carnahan was scheduled for a medical follow-up appointment on March 12, 2025.

On March 6, 2025, Carnahan was surreptitiously videotaped at Anytime Fitness, 5100 Orangethorpe Avenue, La Palma, CA 90623. Carnahan was engaged in stretching, performing push-ups, crunches, squats, pull-ups, and dumbbell squats.

On March 12, 2025, Carnahan was captured on subrosa video at Anytime Fitness performing seated leg presses, vertical leg raises, seated hamstring curls, flutter kicks, and standing weighted oblique crunches.

On March 12, 2025, 90 minutes later, Carnahan told MBI Physician Assistant Mischelle Turner that his pain level was at 7, that rest would improve his injury, while standing and bending would make it worse. Carnahan was placed on TTD status, given two 60 mg Toradol injections, and scheduled for a computerized tomography scan (CT scan) and an ultrasound (US) on March 20, 2025.

On March 13, 2025, Carnahan was captured on subrosa video at Anytime Fitness performing seated dumbbell lifts (both arms), standing kettlebell swings, standing weighted oblique crunches, and standing barbell twists.

On March 18, 2025, Carnahan was captured on subrosa video at Anytime Fitness engaged in stretching and performing push-ups, crunches, squats, pull-ups, and dumbbell squats.

On March 25, 2025, Carnahan met with Dr. De La Rosa to discuss the results of the CT scan. Carnahan reported a pain level of 7, stating that lying down would make it better, while bending over and standing would make it worse. The US and CT scans were reviewed, revealing a cyst on the right testicle, with the CT scan also returning negative for a hernia. Carnahan was scheduled for a follow-up appointment on March 28, 2025, with a return to full duty status on April 5, 2025. Carnahan elected to meet with his private physician regarding the testicular cyst.

On March 31, 2025, Carnahan was captured on subrosa video at Anytime Fitness performing bodyweight exercises and weightlifting.

On April 5, 2025, Carnahan returned to full duty.

On July 2, 2025, LAPD Investigating Officer Detective Horacio Lopez conducted a video interview of Dr. De La Rosa after she reviewed Carnahan's workout videos at Anytime Fitness. She treated Carnahan for testicular pain and a pulling sensation in the lower abdomen and groin area, and her concern was that he could have suffered an inguinal hernia. She later ruled out the inguinal hernia after reviewing the ultrasound and CT scan, and her final diagnosis suggested he pulled a muscle.

After reviewing the gym workout videos, Dr. De La Rosa found that Carnahan's reported pain was inconsistent with his injuries and restrictions. The videos contradicted his claims of pain and inability to work. Had he disclosed his physical activities, Dr. De La Rosa would have placed him on full duty status instead of TTD status. She believed that while Carnahan experienced genuine pain, he exaggerated his condition to avoid work.

\* \* \* \* \*

**NOTICE:** Conviction of this offense will require the defendant to provide DNA samples and print impressions pursuant to Penal Code sections 296 and 296.1. Willful refusal to provide the samples and impressions is a crime.

**NOTICE:** The People of the State of California intend to present evidence and seek jury findings regarding all applicable circumstances in aggravation, pursuant to Penal Code section 1170(b) and *Cunningham v. California* (2007) 549 U.S. 270.

**NOTICE:** A Suspected Child Abuse Report (SCAR) may have been generated within the meaning of Penal Code §§ 11166 and 11168 involving the charges alleged in this complaint. Dissemination of a SCAR is limited by Penal Code §§ 11167 and 11167.5 and a court order is required for full disclosure of the contents of a SCAR.

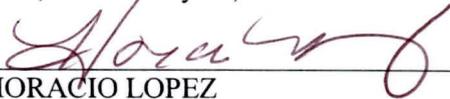
**NOTICE:** Any allegation making a defendant ineligible to serve a state prison sentence in the county jail shall not be subject to dismissal pursuant to Penal Code § 1385.

**NOTICE:** Conviction of this offense prohibits you from owning, purchasing, receiving, possessing, or having under your custody and control any firearms, and effective January 1, 2018, will require you to complete a Prohibited Persons Relinquishment Form (“PPR”) pursuant to Penal Code § 29810.

Further, attached hereto and incorporated herein are official reports and documents of a law enforcement agency which the undersigned believes establish probable cause for the arrest of defendant CHRISTOPHER BRANDON CARNAHAN for the above-listed crimes. Wherefore, a warrant of arrest is requested for CHRISTOPHER BRANDON CARNAHAN.

I DECLARE UNDER PENALTY OF PERJURY THAT THE FOREGOING IS TRUE AND CORRECT AND THAT THIS COMPLAINT CONSISTS OF 2 COUNTS.

Executed at LOS ANGELES, County of Los Angeles, on February 24, 2026.

  
\_\_\_\_\_  
HORACIO LOPEZ  
DECLARANT AND COMPLAINANT

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NATHAN HOCHMAN, DISTRICT ATTORNEY

BY:   
\_\_\_\_\_  
ARUNAS A. SODONIS, DEPUTY

AGENCY: LAPD  
DR NO.: 25001321

I/O: HORACIO LOPEZ  
OPERATOR: JD

ID NO.: 34344 PHONE : (323) 276-7113  
PRELIM. TIME EST.: 2 HOURS

DEFENDANT  
CARNAHAN, CHRISTOPHER  
BRANDON

CII NO.  
DOB  
6/30/1982

BOOKING  
NO.

BAIL  
RECOM'D  
\$100,000

CUSTODY  
R'TN DATE

It appearing to the Court that probable cause exists for the issuance of a warrant of arrest for the above-named defendant, the warrant is so ordered.

CHRISTOPHER CARNAHAN

BAIL: \$ 100,000

DATE: 2/25/2026



A handwritten signature in black ink, appearing to read "Jannet Perez Santiso".

**JANNET PEREZ SANTISO**

Judge of the Above Entitled Court

Pursuant to Penal Code Section 1054.5(b), the People are hereby informally requesting that defense counsel provide discovery to the People as required by Penal Code Section 1054.3.

NON-WARRANT DEFENDANTS:

<u>DEFENDANT</u>	<u>CII NO.</u>	<u>DOB</u>	<u>BOOKING NO.</u>	<u>BAIL RECOM'D</u>	<u>CUSTODY R'TN DATE</u>
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**FELONY COMPLAINT -- ORDER HOLDING TO ANSWER -- P.C. SECTION 872**

It appearing to me from the evidence presented that the following offenses has/have been committed and that there is sufficient cause to believe that the following defendant guilty thereof, to wit:

*(Strike out or add as applicable)*

CHRISTOPHER BRANDON CARNAHAN

<u>Ct.</u>	<u>Charge</u>	<u>Charge Range</u>	<u>Allegation</u>	<u>Alleg. Effect</u>
1	PC 550(b)(1)	2-3-5 County Jail		
2	PC 550(b)(1)	2-3-5 County Jail		

I order that the defendant be held to answer therefore and be admitted to bail in the sum of:

CHRISTOPHER BRANDON CARNAHAN \_\_\_\_\_ Dollars

and be committed to the custody of the Sheriff of Los Angeles County until such bail is given. Date of arraignment in Superior Court will be:

CHRISTOPHER BRANDON CARNAHAN \_\_\_\_\_ in Dept \_\_\_\_\_

at: \_\_\_\_\_ A.M.

Date: \_\_\_\_\_

\_\_\_\_\_  
*Committing Magistrate*